

## Top tips on maintaining the perfect profile

It's that time of year again! Hair net's at the ready to ensure the perfect profile at your event, follow these simple tips:

- 1. Ensure medium and long hair styles are tied up before placing in a bun or hair net. Tying hair up and under the hair net helps ensure all your hair stays in place throughout your event
- 2. Use a hairnet that is comfortable to prevent fidgeting and hair-line disturbance at the elastic edge. This can distract you from your competition and lose you marks
- 3. Ensure the elastication in the net is both strong enough to hold your hair and comfortable enough to wear throughout your event, so it doesn't distract you from making your best performance



The best tip is to wear a hair net that is comfortable. New Equi-Nets riders hair nets have a triple elasticated comfort band that is knot-free for the perfect fit. The flat-sewn join on the net is worn at the back in the recess of the nape. So no more problems of hair nets leaving a mark on your forehead or giving you a headache! All Equi-Nets come with a matching hair-tie, for those with long hair.

These nets assure the perfect profile will remain in place throughout your event, whatever your hair style. They are available in five colours to match your individual hair shade.

Each pack contains two Equi-Nets and one matching hair tie.

